

# Bike Works Beach 'n Sports



At the  Queens' Marketplace Waikoloa Beach Resort  
Presents the First Annual

**5k-10k Walk/Run and Free Keiki Dash**

**Sunday July 11, 2010, 8:00 a.m.**

**A Benefit for the Waikoloa Foundation**



**Overall Awards Male and Female to two places in each distance  
Age Group Awards in 10 year increments to two places in each division**

**ALL WALK/RUN PARTICIPANTS WILL RECEIVE:**

**Bike Works Beach 'n Sports Finisher's Towel  
Post Race Refreshments**

**Chance to win Great Prizes in Free Drawing including Lavaman Waikoloa Triathlon Race Entries for 2011**

**MAHALO TO OUR PRIZE SPONSORS:**

**Five Fingers - Keen - Monica Scheel MD - Lavaman Waikoloa Triathlon - Oakley - Teva - Specialized Bicycles**

**Pre-Registration:** Completed entries may be dropped off at Bike Works Kona or Bike Works Beach 'n Sports Waikoloa by **July 9, 2010** or mailed to PO Box 2192 Kailua Kona Hawaii 96745 by **July 7, 2010**.

**Registration Fees:** 5K \$25 10K \$30 Keiki Dash for 12 years and under is FREE

**Pick up numbers** early at Bike Works Beach 'n Sports at the Queens' Marketplace Friday, July 9 and Saturday, July 10 between 2 p.m. and 8 p.m.

**Race Day Registration** and Check-in opens at **7am** Sunday, July 11, 2010 at the Queens' Marketplace.  
**Race starts at 8 a.m.**

**Course** The 5k & 10k walk/run courses will start and finish at the Queens' Marketplace.

**Make checks payable to Bike Works**

**MAIL TO:** Bike Works, P.O. Box 2192, Kailua-Kona, HI 96745

To become a **Sponsor or Volunteer** for the Event or have a Question please e-mail [teamhp@hawaiiantel.net](mailto:teamhp@hawaiiantel.net)

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Last Name	First Name	Initial	Date of Birth	Age on race day	5 k	10 k	Keiki	
<input type="text"/>		<input type="text"/>		<input type="text"/>	<input type="text"/>		<input type="text"/>	
Address		City		State	Zip Code		M or F	
<input type="text"/>		<input type="text"/>		YES! I would like Hawaii to be more bike & walk friendly! Check here if you are a PATH member or want to be. It's FREE! →				<input type="checkbox"/>
Phone (Area Code + Number)		Email						

**Waiver must be read and signed:** I agree to comply with the rules and regulations of Bike Works Beach 'n Sports 5K&10k Walk/Run. I know that running is a potentially hazardous activity. I am aware of and assume all the risks associated with running/walking this event, including, but not limited to, death, serious injury and loss, related to; falling, cardiac arrest, contact with other participants or objects along the course, insect stings, animal bites, abrasions, sprains and breaks. I certify that I am physically and mentally fit, have trained sufficiently in similar conditions to participate in this event, and have not been advised otherwise by a qualified medical person. Having read and understood this waiver, I and anyone acting on my behalf, waive and release of Bike Works Beach 'n Sports, Bike Works and all sponsors, donors, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of negligence or carelessness. I am solely responsible for any injury I may receive during my participation in the Bike Works Beach 'n Sports 5K&10k Walk/Run.

Signature of Athlete or if under 18, signature of parent or guardian

Date

<b>CHECK OUT</b>		
Entry Fee 5k	\$25.00	<input type="text"/>
Entry Fee 10k	\$30.00	<input type="text"/>
Total Amount		<input type="text"/>